



# Sagebrush Day Treatment Program

***“We were impressed by our family’s access to the full range of psychiatrists, therapists and trained care providers while our son was continuing his school work.” - Day Treatment Parent***

## What is Day Treatment



Trillium’s Day Treatment is a partial hospitalization level, mental health program provided in a school setting and schedule, with a focus on treatment including individual and family therapy, medication management, and skills groups. Trained staff support children throughout the school day and remain with them in the classroom to provide support. Classes are led by teachers from a local school district, and children are encouraged to complete school work in addition to their therapeutic activities. All services are clinically directed by a Child & Family Therapist and supported by mental health treatment staff.

## Who We Are

We are a multi-disciplinary team of psychiatrists, therapists, and mental health treatment staff working with clients and families to help them understand how to manage their mental health needs.

## Who We Serve



*Building Brighter Futures with Children and Families*



[www.TrilliumFamily.org](http://www.TrilliumFamily.org) | [info@TrilliumFamily.org](mailto:info@TrilliumFamily.org) | For Referrals Contact Our Access Dept. 1.888.333.6177

# How We Measure Success

Each child is given an Individualized Plan of Care, which outlines areas of focus in treatment as well as long- and short-term goals to measure client's progress in treatment. Goals are reviewed in a formal meeting to discuss and review treatment progress and potential discharge from Day Treatment. When treatment goals are met, children graduate from the Day Treatment program with a transition plan, including aftercare appointments with a medication provider, individual and family therapist, and school/classroom placement. Depending on their needs, clients may also discharge with the additional resources of group therapy, skills training, intensive outpatient services, and referrals to a primary care physician.

## Transition

A full-time school Transition Specialist collaborates with the local school districts to ensure successful transitions back to a client's home school.

## How Is It Funded

Clients are funded either by their family's private insurance coverage or by Oregon Health Plan (OHP).



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