

QUARAN-TEACHING LIFELINE

Culture of Care
Better Together

#1. Connecting with Colleagues

- Wellness Circles
- Distance walking meetings
- Self Care Bingo
- Photo scavenger hunt
- Drive/bike bus route or staff home parade
- Furious 5 second challenge
- Photo of the week (i.e staff in quarantine)
- Virtual Scattergories & Other Games
- Zoom Costume Party
- Share Bliss List
- Teach a Skill to the group
- Podcast/TV/Book Club
- Pet/Child/Room/Item Show and Tell
- Group Mindfulness Activities



#2. Spirit Lifting

- @goodnews_movement
- @Somegoodnews
- @boredteachers
- @carecoaches
- @weareteachers
- @morganharpernichols
- @behaviorflip



Podcasts: Cult of Pedagogy & Compassionate Educators

#3. Awesome Apps

- Houseparty: Video chat & games for up to 8 people
- Marco Polo: Send video voice mail
- Mindful apps
- Madlibs



#4. Check-in Ideas

- Quarantine Name: How you're feeling today + the last thing you ate
- What's the theme song for your quarantine life today?
- PIES Check-In: P=Physical, I=Intellectual, E=Emotional, S=Social
- What from these days in shelter-in place would you want to continue?
- What do you miss most about being at school? The least?
- Emoji check-in
- 101 Circle Prompts
- What's the last thing you watched?
- Which number are you on Blob Tree?



#5. Creative Content

- Virtual Field Trips
- Distance Learning Resources
- Flipgrid
- Go Noodle
- All It Takes (SEL)
- Vooks (free 1 year for teachers)

