



BLS Staff: Should I Stay Home from Work Today?

To limit the spread of COVID-19 within the school setting, **staff should monitor their health and stay home for any of the scenarios listed below:**

Staff: please stay home for all the following situations:			
You test positive for COVID-19.	You are identified as a close contact of someone who tested positive for COVID-19.	You have 1 or more PRIMARY symptoms of COVID-19 with no known exposure to COVID-19 in the past 14 days.	You have 1 or more NON-PRIMARY Symptoms of COVID-19 with no known exposure to COVID-19 in the past 14 days.
<ul style="list-style-type: none"> Notify your office manager (who will loop in your school nurse). If symptomatic, you may return to work 10 days from symptom onset (contingent upon being fever-free for 24 hours without the use of fever reducing medicine and other symptoms are significantly improved or resolved for 24 hours). If symptom-free, you may return to work 10 days after the date of the positive test. A negative COVID-19 test is not needed for returning to work. 	<ul style="list-style-type: none"> If you are fully vaccinated (2 doses) you do not need to quarantine as long as you remain symptom-free. Please notify your school nurse regardless of vaccine status. If unvaccinated, there are 3 quarantine options: <ul style="list-style-type: none"> -14 day quarantine. -10 day quarantine. -7 day quarantine (If you obtain a negative PCR/NAAT COVID test on day 6 or day 7 of quarantine, you can return to work on day 8 as long as you remain symptom-free. A school nurse must read your result before returning). If you develop any symptoms within 14 days of exposure (even mild symptoms), please seek out testing. 	<ul style="list-style-type: none"> Primary symptoms: <ul style="list-style-type: none"> Cough Difficulty breathing, Loss of taste or smell Fever $\geq 100.4^{\circ}$ Chills Notify your office manager (who will loop in your school nurse). You may return to work 10 days from symptom onset (contingent upon being fever-free for 24 hours without the use of fever reducing medicine and other symptoms are significantly improved or resolved for 24 hours). OR you may return earlier than the 10-day isolation period with a negative COVID-19 test (PCR/NAAT/RNA) <u>OR</u> with a negative rapid antigen test and a doctor's note clearing you to return to school. Your school nurse needs to read your result before clearing you to return to work. 	<ul style="list-style-type: none"> Non-Primary symptoms: <ul style="list-style-type: none"> Congestion/Runny Nose Sore Throat Headache Muscle aches/pains Fatigue Nausea/Vomiting Diarrhea Notify your office manager with the reason for your absence. You may return to work when your symptoms are significantly improved or resolved for 24 hours. Exception for vomiting and diarrhea (3 episodes of diarrhea in 24 hours): you may return to work when symptom-free for 48 hours. You can return to work without any medical paperwork or testing.
<div style="border: 1px solid black; padding: 10px; display: inline-block;"> The definition of close contact is different for students and staff. CDC definition of a close contact that is used for BLS staff members: someone who was less than 6 feet away from a COVID positive individual for a cumulative total of 15 minutes in a 24 hour period. </div>			

Office Manager phone and email:
Nurse phone and email: